



Food, Farming
& Countryside
Commission

Moving Beyond the Foodbank

Denise Bentley, First Love
Foundation

Courtney Scott, Food,
Farming and Countryside
Commission

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What type of food work are you currently doing?



Why move
beyond
charitable food
aid?



Why does the food system matter?

- Health and well-being
- Climate, nature and biodiversity
- Jobs and livelihoods
- Social connection and joy

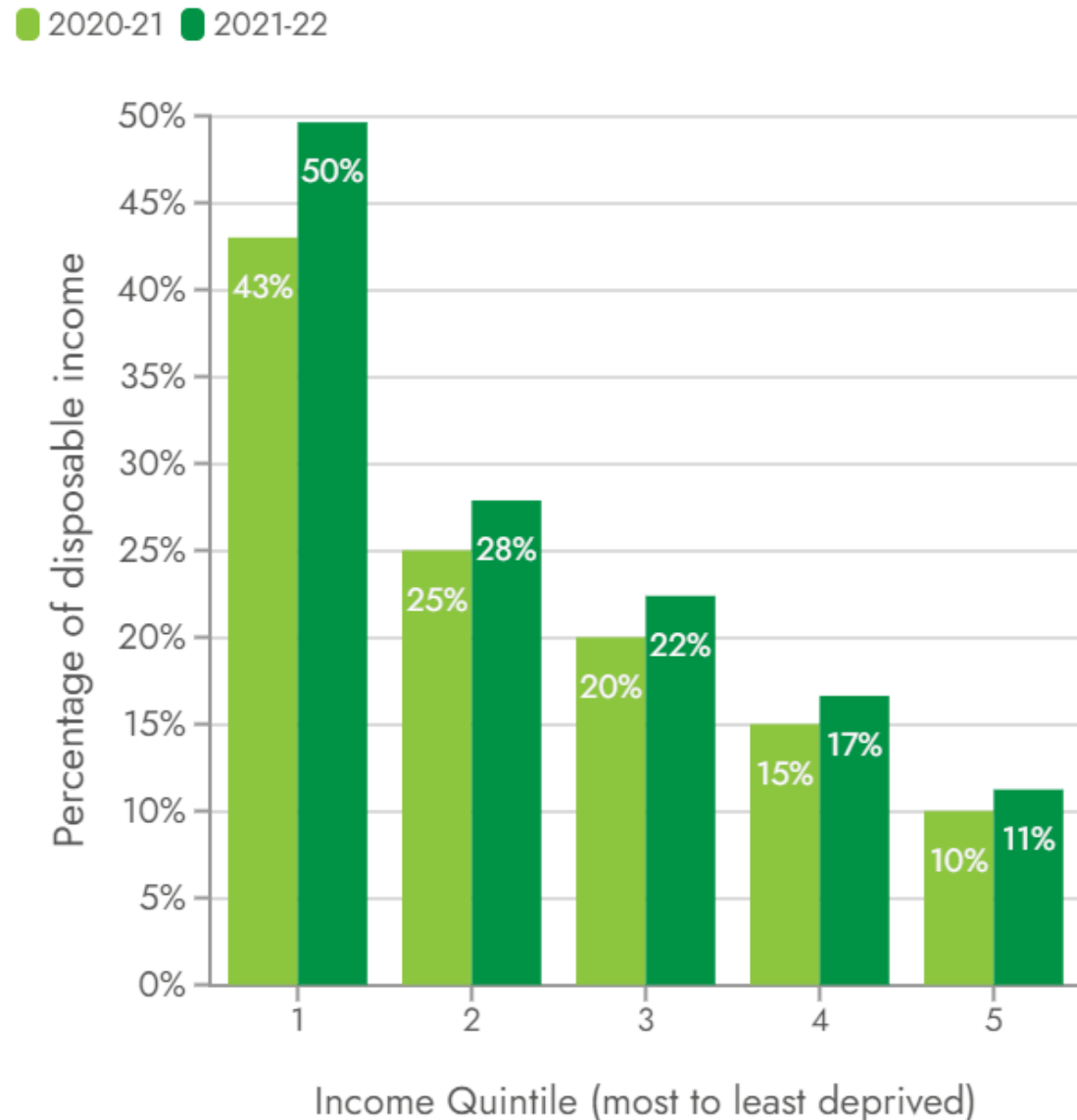


Affordability of a healthy diet

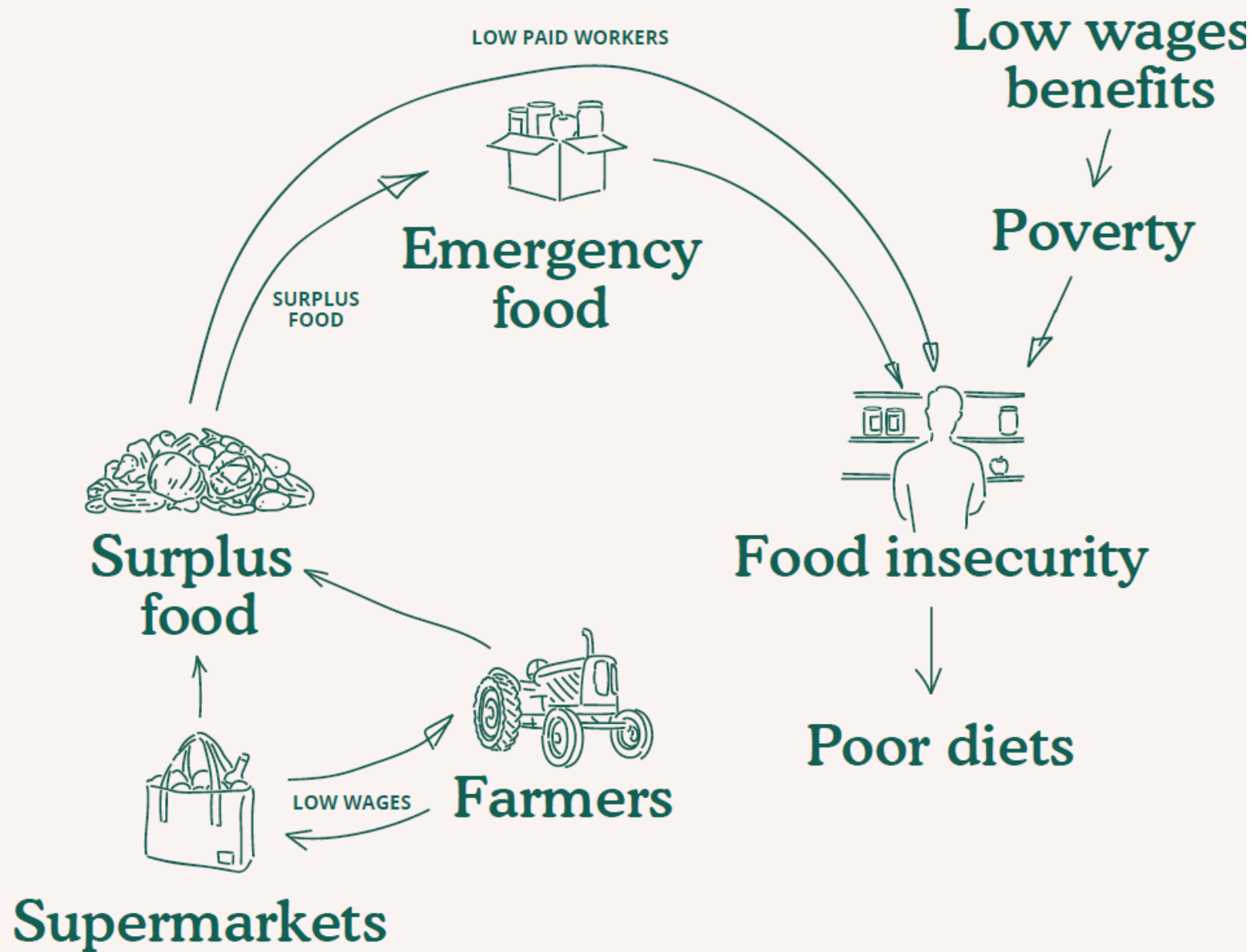
The most deprived fifth of the population would need to spend **50%** of their disposable income on food to meet the cost of the Government recommended healthy diet. This compares to just **11%** for the least deprived fifth.

Broken Plate 2023, Food Foundation

Percentage of disposable income required to afford the Eatwell Guide by income quintile



Current System



How to shift?





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How to shift into advice and advocacy?

Denise Bentley, First Love
Foundation



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How to shift into a sustainable food future?

Courtney Scott, Food, Farming and
Countryside Commission

Vision of the future

- Connection with each other and where food comes from
- People access community food because they want to, not only because they need to
- Diversify away from waste/surplus food
- Network of neighborhood food initiatives – a thriving, healthy, local food system



A wooden plank with a chalkboard sign that reads "Heart of BS13 Kitchen". The sign is made of a dark material, possibly chalkboard, and is attached to the plank with a piece of twine. The background is a light-colored wooden plank.

Heart of BS13 Kitchen

Heart of BS13

Community freezer and kitchen – frozen meals prepared by chefs – sold around the city to bring revenue into the project, and provided for free for their clients

Commercial sustainable flower farm – income stream and run a jobs training programme

Georgina's advice: ask people what they really want and need

Food Ladders

Catching – crisis response, emergency food

Capacity building – struggling to afford good food – shared cooking/eating, food pantries, holiday clubs

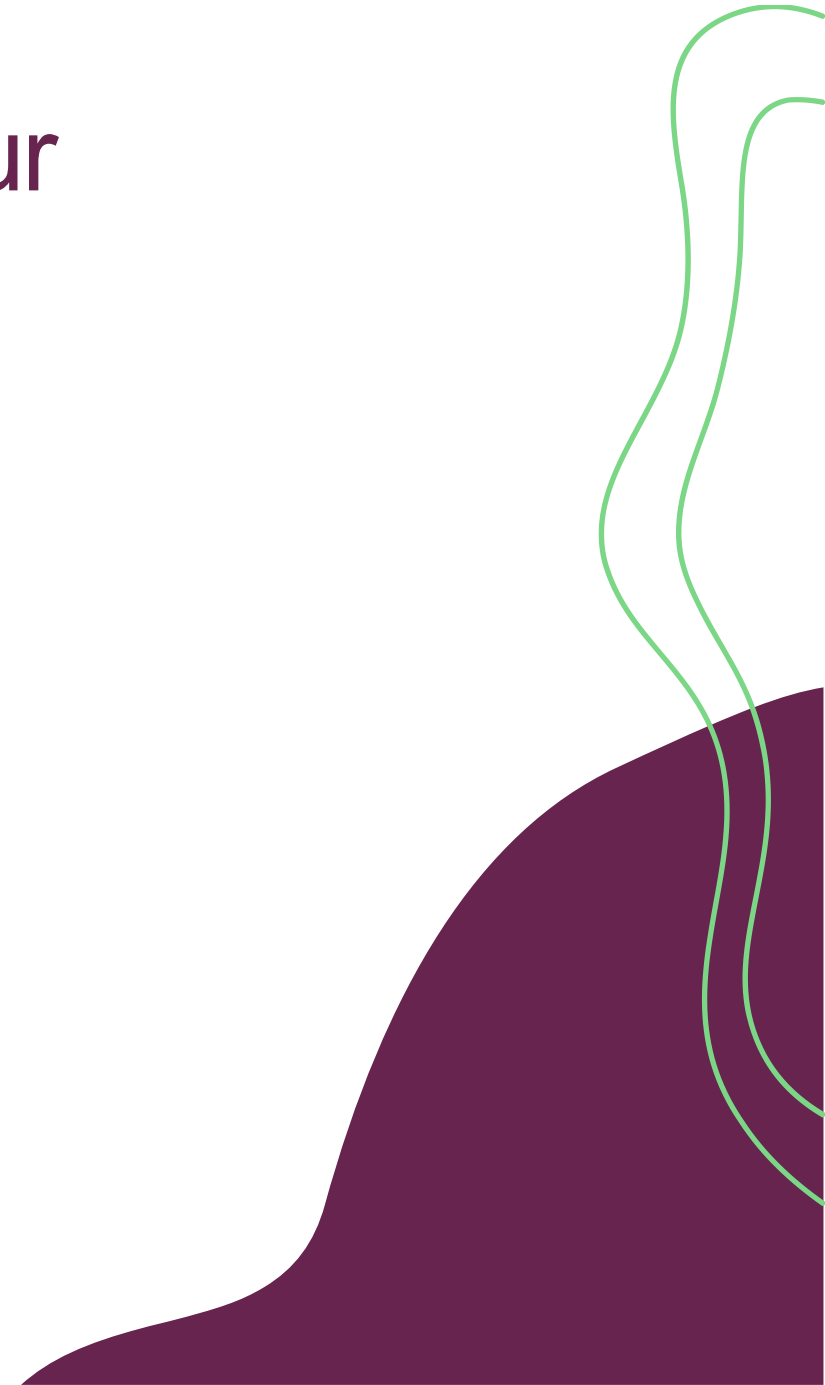
Self-organised community change – social enterprise community kitchen providing employment, cooperative food growing, etc

For more info: Megan Blake, University of Sheffield, geofoodie.org



Are you interested in changing your approach?

1. Want to stay the same
2. Want to change towards advocacy/advice
3. Want to change towards local food systems
4. Want to do both advocacy/advice and local food systems
5. Want to change in another way



What has inspired you from today?
What further information or help
would you like in making a
change?

