# Key steps to building an inclusive culture

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# CONNASDEBEL

# What cles ncusion mean

Cambridge Dictionary's official definition for inclusion is:

"The act of including someone or something as part of a group, list, etc., or a person or thing that is included."

Step one...Trust

### The Trust Equation

#### Credibility

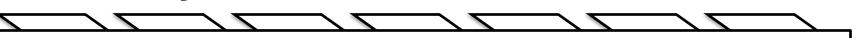
Your words and how believable you are

#### Reliability

Your actions and how much people can depend on you

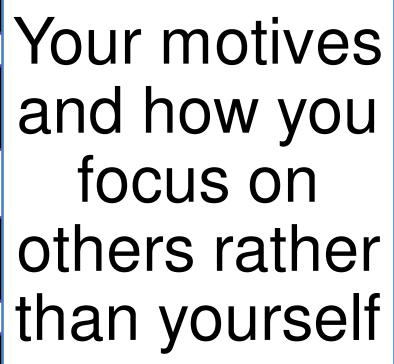


#### Intimacy



Your emotions and how safe people feel sharing information with you

#### **Self Orientation**





# Step two...Education

#### Listen

- Active listening
- Observation
- Actioning

#### Learn

- Research
- Curiosity
- Connections

#### Lean In



Tracking

# Step three. Allyship

### What type of allies can we be?

Sponsor

Champion

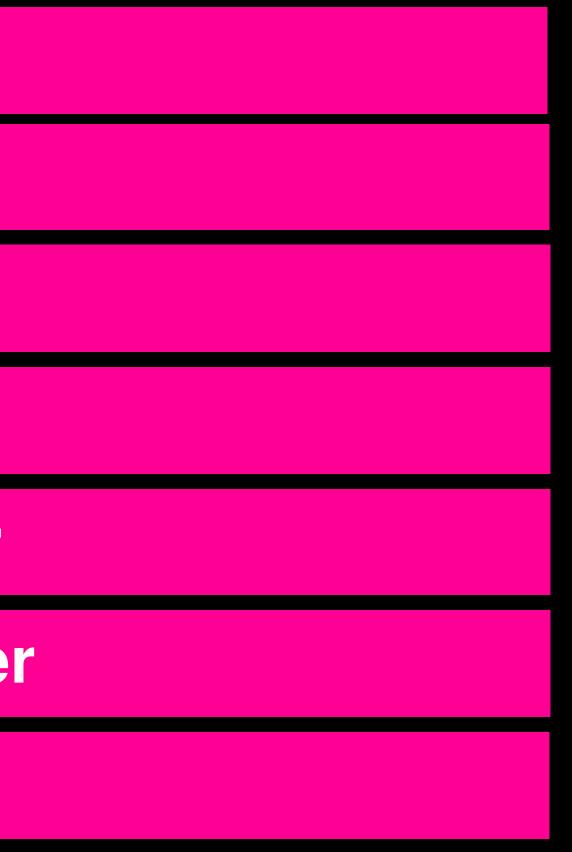
Amplifier

**Advocate** 

**Active-bystander** 

Knowledge seeker

Confidant



Adapted from Better Allies, Karen Catlin

Using the workbook, spend 10 min in small groups, to discuss the type of ally you believe you are and why



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