



East Coseley
Big Local

EAST

COSELEY

Big Local



Tackling Loneliness & Isolation

with pom-poms

www.facebook.com/pompoms4loneliness





Building Awareness of Loneliness
Twitter: @JustStraitTalk
Facebook: JustStraitTalk
Phone: 017728210092

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Twitter: @JustStraitTalk
Facebook: JustStraitTalk
Phone: 017728210092

Building Awareness of Loneliness
Twitter: @JustStraitTalk
Facebook: JustStraitTalk
Phone: 017728210092

Pom-pom making

At our coffee morning





100% WYGNET
CLOSET
dk
1000



FREE
Friday
7th, 14th, 21st
pract. change
Call 01644-440000
simon.draddy@dcu.ie
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning

learn
Healthy Cooking
FREE
28th April 2019
9:30 - 11:00
£50.00
To book a place or for more info
Call 01384 812357

learn
Introduction to
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning

learn
Adult Learning
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning
Dudley Community Learning

















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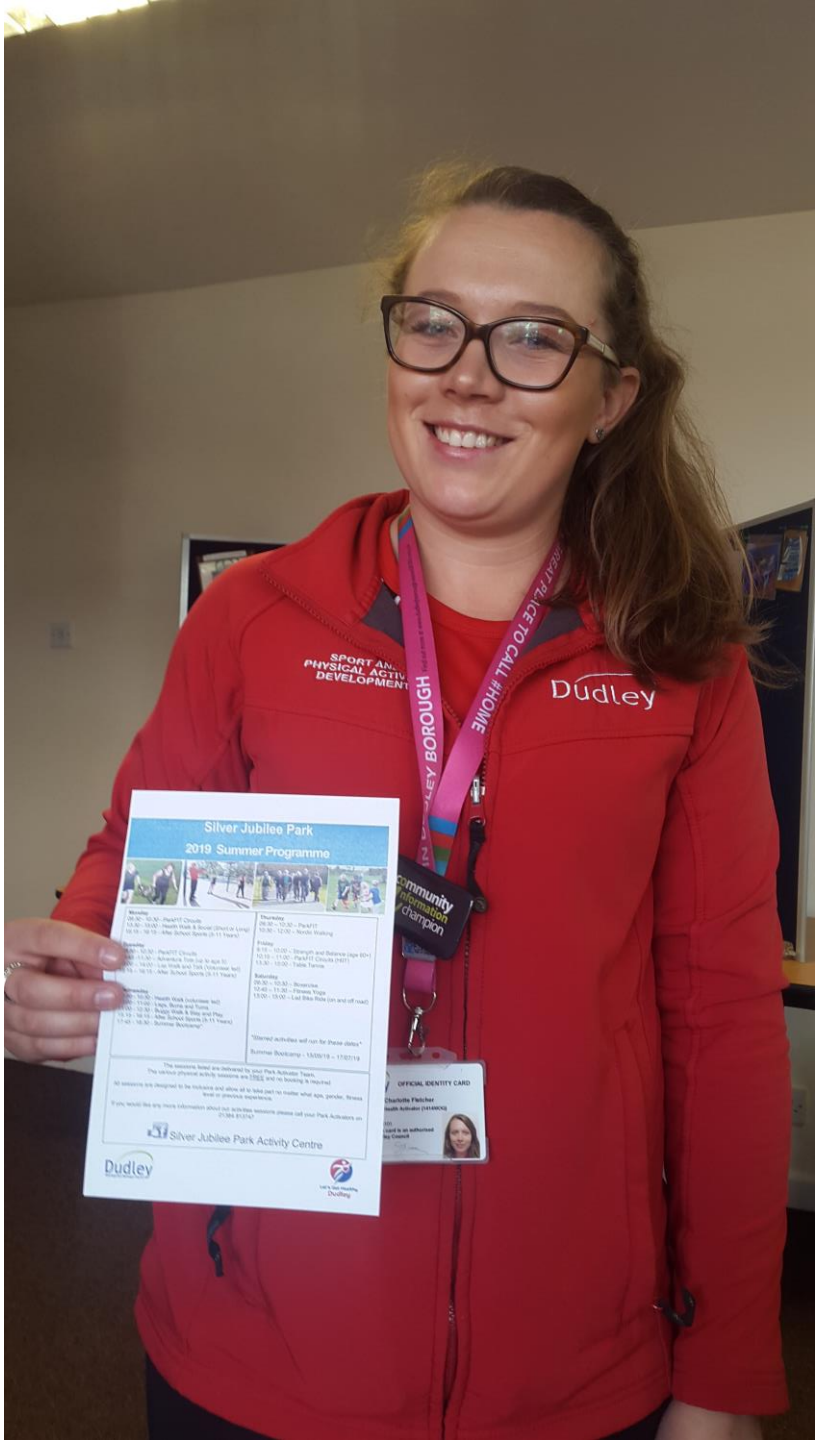
Networking

Organisations who are supporting the project









**Silver Jubilee Park
2019 Summer Programme**

Monday
09:30 - 10:30 - Tai Chi
10:30 - 11:30 - Health Walk & Blood Pressure Clinic
11:30 - 12:30 - After School Sports (5-11 Years)

Tuesday
09:30 - 10:30 - Tai Chi
10:30 - 11:30 - Health Walk & Blood Pressure Clinic
11:30 - 12:30 - After School Sports (5-11 Years)

Wednesday
09:30 - 10:30 - Tai Chi
10:30 - 11:30 - Health Walk & Blood Pressure Clinic
11:30 - 12:30 - After School Sports (5-11 Years)

Thursday
09:30 - 10:30 - Tai Chi
10:30 - 11:30 - Health Walk & Blood Pressure Clinic
11:30 - 12:30 - After School Sports (5-11 Years)

Friday
09:30 - 10:30 - Tai Chi
10:30 - 11:30 - Health Walk & Blood Pressure Clinic
11:30 - 12:30 - After School Sports (5-11 Years)

Saturday
09:30 - 10:30 - Tai Chi
10:30 - 11:30 - Health Walk & Blood Pressure Clinic
11:30 - 12:30 - After School Sports (5-11 Years)

Sunday
09:30 - 10:30 - Tai Chi
10:30 - 11:30 - Health Walk & Blood Pressure Clinic
11:30 - 12:30 - After School Sports (5-11 Years)

Special activities will run for these dates
Special Bookings - 1429 118 - 1702118

The summer booklet is delivered by Silver Jubilee Park Activity Centre.
The summer programme is by sessions are FREE and no booking is required.
All activities are designed to be inclusive and allow all to take part no matter what age, gender, fitness level or physical requirements.
If you would like any more information about our activities please call Silver Jubilee Park Activity Centre on 0121 851 118.

Silver Jubilee Park Activity Centre

Dudley

Let's Get Moving Dudley

OFFICIAL IDENTITY CARD

Charlote Felcher
Health Activities (0121) 851118

Card is an authorized
by Dudley







community
Information
point
Network







COMMUNITY VISION

Our vision is to...
Our mission is to...
Our values are...



Dudley
[ID Card]

[ID Card]



Lonely?
Do you or anyone you know
feel isolated or lonely?

Your Community Connectors are
here to offer support and help
with loneliness in Coseley

Our Vision
We want to encourage and
empower people to build better
links within the community
where they live

Donate: shelley@psnl.com
Email: shelley@psnl.com
Call Text: 0742 28 022

PSNL is a registered charity
No. 1130508

EMERGENCY
MEDICAL
PERSONNEL





Dudley NHS
Primary Care Trust

DURACELL

360

Fast-Charging Cable

NUROCC

freezeat

community
information
champion

JST
LIVE WITH
THE POWER OF
COMMUNITY

GR
MEET MEGHAN'S
FAVOURITE
DESIGNER

NO.1 BEST-SELLING SPIRIT & D
Achieve ultimate
slimness
Using the power
of the princess!

Get BBO READY with our
SKINNY DINNERS

4 FITBIT
ALTRAS
to be
HOW?

VEGAN SPECIAL
Celeb transformations
Tasty meals for £1
Beauty & home

My V
Slimming
Suppers

Devins
'I'm dating
AGAIN!

9 WAYS TO
BOOST YOUR
ENERGY

Jane
'I WAS
DUMPED!
Vodka numbed my pain

JORDAN'S HELL
"She's off the rails -
it's hard that another
woman's got her kids"

heat

Free your
Creativi

What does
your man
really want

PETE & CHLOE ON GOOD PARENTING
"You must
always put

"My 4th
be ve

that's
life!

75p
I love
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Real
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Pick
MY TOT'S FRI
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I've had
EN kids
in NINE
YEARS

DEATH
stalked

MY GRAVE
GONE

FLOWER POWER
PROMISES

total AND STREAMING GUIDE
TV Guide



1st COSELEY SCOUT GROUP

join the adventure...

	AGE	DAY	TIME
BEAVERS	6 - 8	Monday	6:15 - 7:30
CUBS	8 - 10 ^{1/2}	Tuesday	7:00 - 8:30
SCOUTS	10 ^{1/2} - 14	Wednesday	7:00 - 9:00
EXPLORERS	14 - 17	Monday	7:45 - 9:15





United Against Dementia

Danny Edwards
Senior Care
Product Lead

United Against Dementia

Wendy
Product Lead
Product Lead

United
Against
Dementia





BARCELONA
España
MUSEO DE BARCELONA







Dudley Carers Forum

Facebook : Dudley Carers Forum Fundays www.thecarersforum.co.uk

Challenge 21
If you are old enough to drink under 21 you will be asked to prove you are over 18
If you cannot prove your age prizes of alcohol will be delivered to a responsible adult.

By completing this challenge you will receive a prize of £10.00 worth of alcohol to be delivered to a responsible adult.

Dudley Carers Forum
Est. 1998
Jane



TOMMY'S TREASURES



WE ACCEPT



DEBIT & CREDIT

WE ACCEPT ALL

WE ACCEPT



Magic Wands









The pom-bombing

Places we left them



Keep back from
the platform edge
Passing trains cause air turbulence
Stand behind yellow line

← Platform 2

Coseley. 2
annon Business
Park
4483

Coseley
Park & Ride







WE
FORGET

At the going down of the sun
and in the morning
We will remember them.

Memorial erected by
The War Office, London, in 1914
to commemorate the British and
Commonwealth troops who died in the
First World War.













Bilston B4
alternative route for
heavy goods vehicles



except for access





Last Collection Time
Monday to Friday
4.00pm
A later collection is made at 7.30pm
from the Postbox at
Royal Mail Sun Street,
Wakehampton
Saturday
11.15am
Other Collections
Additional collections may be made throughout the day
See Royal Mail website for details

ROYAL MAIL
www.royalmail.com
0345 750000



CAR PARK EMERGENCY HELP POINT
CAR PARK EMERGENCY HELP POINT

WARNING

88
09

Park & Ride
Car Park



Small white card with text, partially obscured by a pom-pom.



MASON STREET







Joe Gittins

● on mobile



Timetable valid from 02 June 2019

Bus times may change

For school or university holidays there is less traffic on the road. This may include Easter, the summer months, and Christmas.

Check your journey at www.netwerk.com/gb

Get connected with our free apps

- Network West Midlands for live arrivals and departures
- Netfix for journey planning on the go
- Netfix for a walking route from the stop

Download today on iOS and Android

Fix It.
You report it, we fix it.

Report missing or incorrect information, or damage to bus shelters or bus stop poles, to the Fix It team and upload a photo at www.netwerk.com/fixit

X8

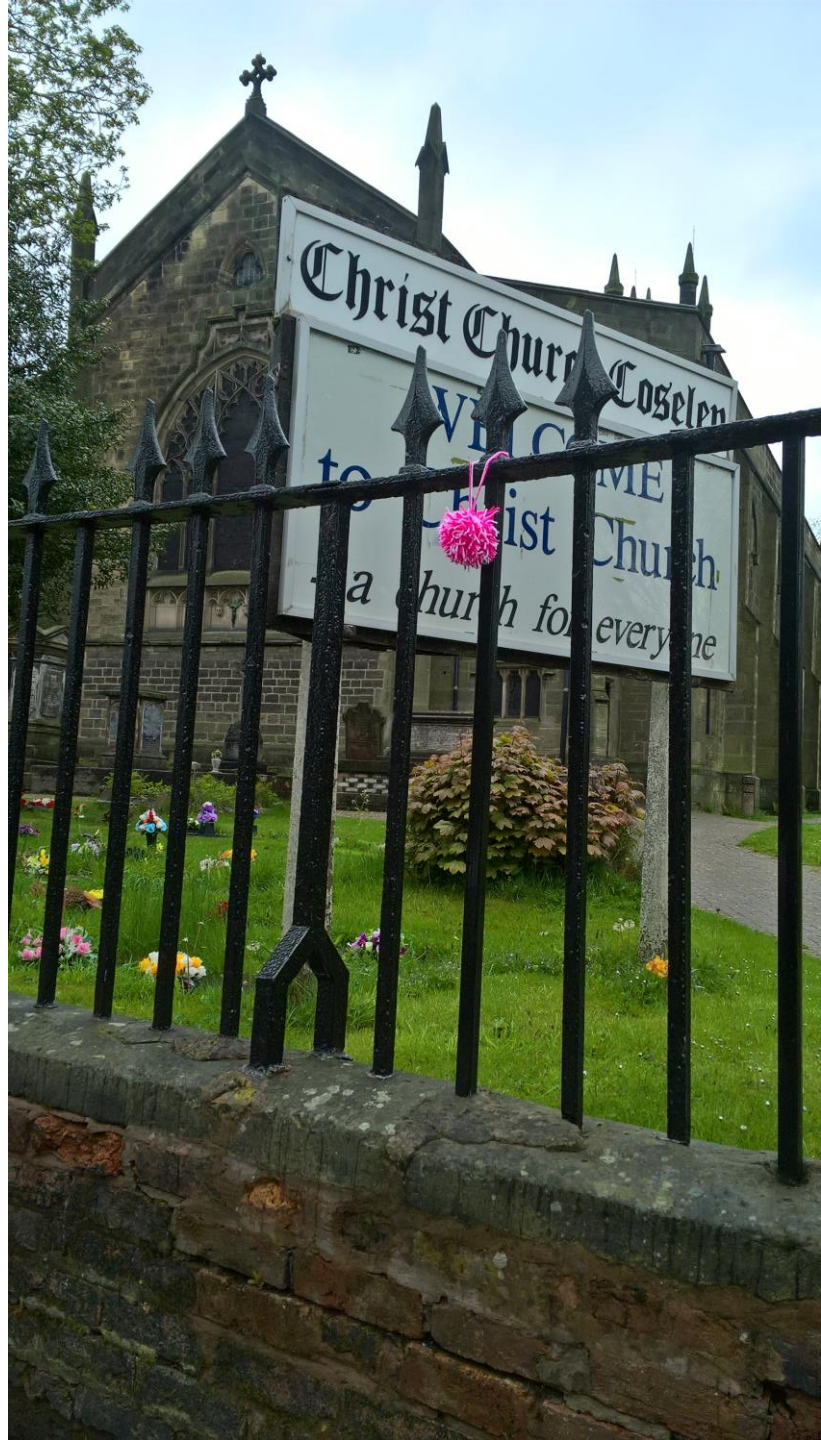
Direction	Stop	Time
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Wolverhampton - Birmingham	Wolverhampton	05:45
Wolverhampton - Birmingham	Wolverhampton	06:00
Wolverhampton - Birmingham	Wolverhampton	06:15
Wolverhampton - Birmingham	Wolverhampton	06:30
Wolverhampton - Birmingham	Wolverhampton	06:45
Wolverhampton - Birmingham	Wolverhampton	07:00





Let's spread the love and power of this
community. Join us at
www.letstalk.com
for more information.
Join us at
www.letstalk.com







**DARKHOUSE
BAPTIST
CHURCH**

SUNDAY MORNING SERVICE 10.45am

Darkhouse - shining bright for all

		
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Coseley 1 1/4



The Pom-Bombers









US SPORT. DEPT CO
EAST COAST STATE ACADEMY
CENTER OF SPORTING EXCELLENCE
USA

































alpha_stonks
Stafford







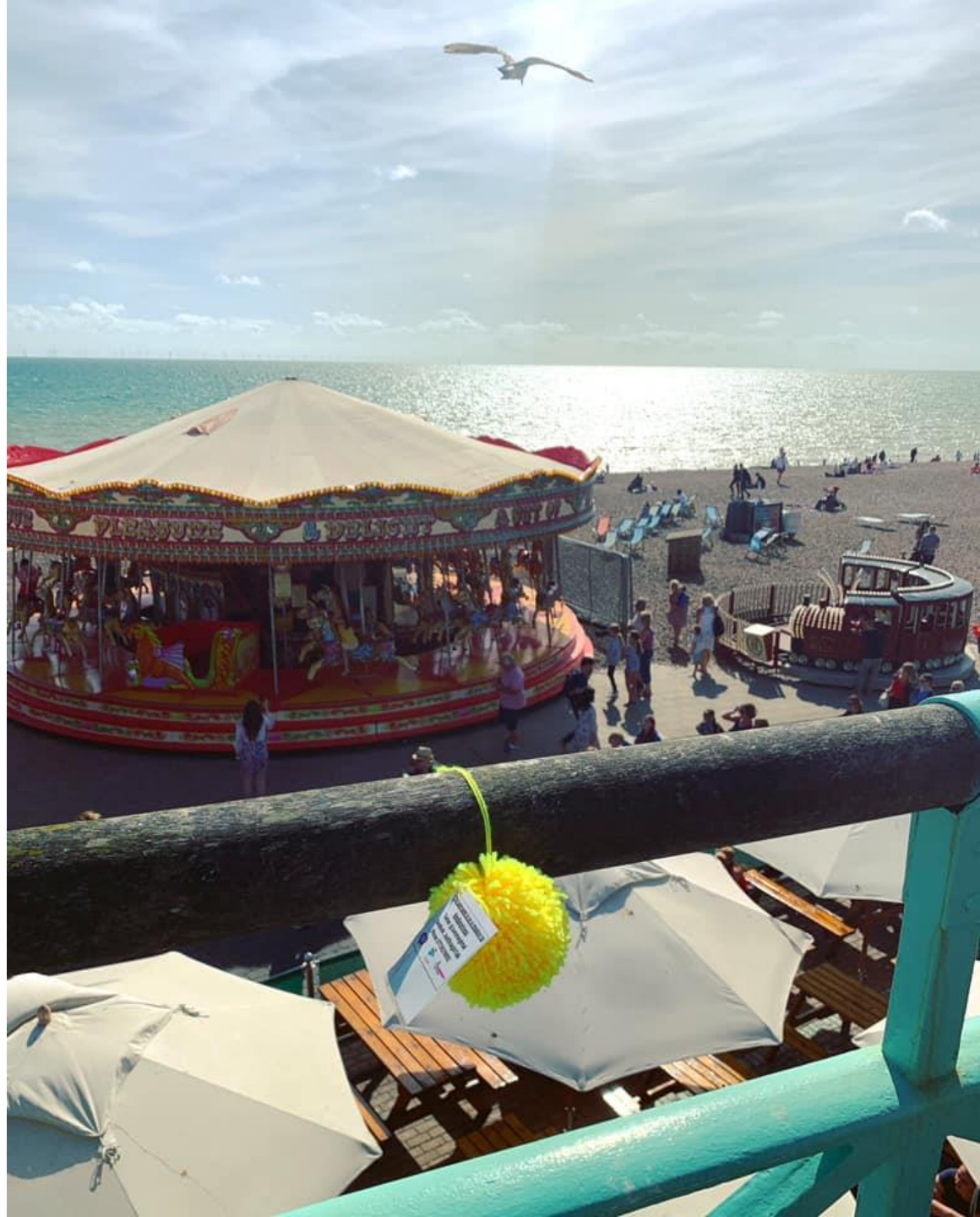


Places they have gone

Pom-bombed by the public



UNIVERSITÄT
WIRTSCHAFTS
UNIVERSITÄT
WIEN
WIRTSCHAFTS
UNIVERSITÄT
WIEN







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Small white tag with illegible text attached to a flower planter.

SYCAMORE ADVENTURE

COMPLAINTS
COMMENTS
COMPLIMENTS



**Got any questions, comments,
complaints or compliments?**

1. Speak to a Playworker
2. Write a note in our comments box (main hall)
3. Call 01384 813755
4. Email play@sycamoreadventure.co.uk
5. Use our website feedback feature @ www.sycamoreadventure.co.uk
6. Like and message us on  Friendsofsycamoreadventure









Department of Land Management
Parks & Recreation
Harrisburg, Pennsylvania
Phone: 717-632-1000

THE NATIONAL TRUST



WENLOCK EDGE



THE NATIONAL TRUST

OPEN TO THE PUBLIC
(SUBJECT TO THE BYELAWS
ON THE BACK OF THIS NOTICE)

PLEASE AVOID
LEAVING LITTER
LIGHTING FIRES
DAMAGING TREES
OR PLANTS

















FORD SKIDN
HERBERT KNIGHT
NORMAN G. LEECH
ALBERT D. COLLING
THOMAS HEMMING
HARRY BOSWELL
J. DENNIS HOLDEN - T
UMPIRE - FRANCIS BROTHER

The first Silent Peal of Grands
for all the above ringers.
REV. G.R. GARNHAM Mar

IN MEMORY OF
KENNETH KEN HEAD
AND A FAITHFUL AND
DRELESS SERVANT
TO OUR CHURCH
BORN 27 APRIL 1906 - DIED 11 JUNE 1986

IN MEMORY OF
JAMES DENNIS
A FORMER RINGER
OF THIS BELL TOWER
DIED 1986

IN MEMORY OF
ERK I. SPEAK
OF THIS TOWER WHO LIVED
MANY YEARS & HELD
A NUMBER OF OFFICES
DIED 1986

FOR THE RINGERS

BY A
THE RINGERS

W. NEVEZ, M.A. 1930

FOR THE RINGERS





Welcome
to Wyre Forest



 Toilets

 Forest Cafe

 Community
Discovery Centre

 Go Ape



The Royal Wolverhampton Hospitals 
NHS Trust

Welcome to

New Cross Hospital 







the burglary.
"He has refused to disclose details about anyone else involved, but the investigation doesn't end here and we are determined to trace the others and bring them to justice."

Pom poms going global

An initiative to reduce social isolation in the Black Country has spread across the globe.

Members of the community in Coseley began knitting the pom poms at weekly coffee mornings.

They then began attaching a note to spread positive messages about loneliness and "pom-bombing" the area.

The pom poms have been tied to trees, railings and even found in pubs and waiting rooms for others to find.

The quirky creations have proved so popular they've made their way overseas, with some travelling as far as Jamaica, Greece and Madeira.

Katey Beale, director of Just Straight Talk, who organises the coffee mornings, said: "We just want people to just start talking - if we can make it normal, we can say 'being lonely is a thing' and the more we talk about it, the more we can help people experiencing loneliness."

People interested in making pom poms are invited to attend the coffee mornings at the Rainbow Community Centre, Rainbow Street, between 10am and noon on Thursdays.

Hospital worker

...ing for funds

Auctioneer

Auctioneer stage for a s loved Grand

A total of auction, whi costume dep him as he c the final act about the W ruary 1980. verhampton was pictured

As well as tre's furnitu was sitting managing d copy of an workmen m

Ch

More than for charity







Dieses Spielzeug ist ein Produkt der...
Hersteller: ...
Produkt-Nr.: ...
Modell-Nr.: ...



SON-RIVER
1894

Konsep konservasi di Indonesia
Museum Otomotif
Jember - Jember
Phone +62 291 21001



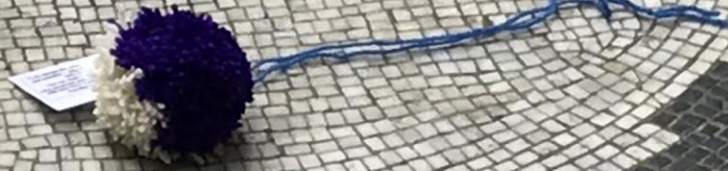








IMAGINE



The Finders























Let's spread the word about something
and make a difference - take this pom-pom as a
little reminder.

Put it to journey at:
www.butterfly.com/uk
#butterfly
Love from Butterfly UK



Press releases

Links to radio, newspaper and TV coverage









Chris Allen

Pom Bombing

2 months ago



Write a comment

- Like
- Repost
- Share
- Add to Next up
- More

▶ 27



Follow [Chris Allen](#) and others on SoundCloud.

Related tracks

View all



Chris Allen
Glen Buglass

▶ 28 ♥ 2 💬 1



Chris Allen
Ian Brookfield Soundcast part 2



0:03

4:23



Chris Allen
Pom Bombing



<https://www.brighterkind.com/news/community/how-pom-poms-can-help-combat-loneliness>

How pom-poms can help combat loneliness

Posted June 21st 2019

Share this story



Residents at [Broadway Halls Care Home](#) have recently been helping to raise awareness for loneliness around their local community - by making pom-poms!

[Just Straight Talk](#) is a Community project supporting people by providing the practical help and motivation they need to turn their lives around and reach their life goals.

In our local area, there have been knitted pom-poms popping up in various places such as parks, canal walks. But these are not just ordinary pom-poms, these are a visual reminder to raise awareness that people are isolated and lonely in our surrounding area.

If you find a pom-pom, you are then asked to take it on a little vacation to another part of the area, so more people are becoming aware of the issue and then pictures are sent to a [Facebook page](#) to promote the scheme.

Loneliness and isolation is such a big part of people's lives, especially with the elderly, and residents at our care

select a care home

- Any -

read news from all
brighterkind care
homes

[Care Home Advice](#)



[the bright life magazine](#)

[Blog](#)



[bright ideas magazines](#)

[Care Home Outings](#)

[Awards and Accolades](#)

[Care Home Events](#)



[Health and Wellbeing](#)



[Care Home Activities](#)

[Care Home Team News](#)

Chat live with us

Can we help you?



Magic Moments Club
Assistant Julie and resident
Jean show off their creations



Resident Myra taking the
pom-poms out into the local
community!



Residents Jill and Doreen
busy making pom poms



Resident Doreen with
Community Connectors



Residents busy making
pom-poms at a coffee



The Pom Pom Club having a
fabulous time at the

Chat live with us

Can we help you?

BIRMINGHAM
Mail

SHARE



If you've been to Coseley lately, chances are some colourful pom poms have caught your eye.

The quirky creations have been popping up everywhere - and the reason behind them is truly heartwarming.

The 'pom bomb' phenomenon is designed to get everyone talking as part of JustStraightTalk and East [Coseley](#) Big Local's plan to reduce social isolation in the area.

Shona Gilsenan, who is heading up the project alongside colleague Dave Roberts, told [Black Country Live](#) the idea came to her while she was looking for a craft activity to run at a weekly coffee morning.



'I can guarantee' Solihull Moors manager makes this Notts County admission

PROMOTED STORIES



This Is What The Extra Hole On Your Shoes Is Really Meant For

Car Novels



SHARE



The pom poms have been popping up all over Coseley (Image: Facebook: Pom-Poms 4 Loneliness)

Shona said people have already embraced the project and have been posting picture of the pom-pom's whereabouts on the [dedicated Facebook page](#) , adding: "One lady seems to be out on a pom-pom hunt, collecting as many as she can find, which is great.

"We have put a note on the pom-poms telling people about loneliness and asking people to take them with them, put them somewhere else, post pictures, give them away, talk about it, anything - as long as they just start talking."

Anyone who wants to help make pom poms is invited to attend the coffee morning at the Rainbow Street Community Centre, which takes place between 10am and noon on Thursdays.

B READ MORE

► Free things to do in Dudley with the family or for days out



MIDLANDS TODAY

BBC
NEWS

...ON-TRENT WOLVERHAMPTON GLOUCESTER HEREFORD WARWICK SHREWSBURY









IMAGINE

