

Beyond the Foodbank Cookery book

Community Stuff created this unique book to be given out free to Foodbank Clients to help them move on from being reliant on the foodbank. It includes not only what to do with the food in their 3 -day emergency box, but also a six-week empty cupboard plan with costed shopping lists for 3 meals a day and easy to follow recipes, to help clients restock their cupboards after times of crisis.

We are going to have a special print run of books just for Big Local areas for you to be able to distribute copies of it to your local foodbank.

We have also created a Food Skills course using the book which can be bought as a package with training and support for organisations within your area to deliver locally.

Tick this box if you would like to be sent further information about our course.

Our sincere thanks...

We would like to thank the John Jackson Charitable Trust, and Councillors from the Eastbourne Wards of Hampden Park, Langney, Devonshire, Old Town, Meads and Upperton, Devonshire West Big Local and Hailsham town council for financial contributions which have paid for the printing of this book. We would also like to thank our cookery mentor Robin Van Creveld for all his support.

This book was written by Clare Hackney-Ring and Sue Morris of Community Stuff.

We would like to thank Eastbourne based studio Hackney design for donating their time to transform our written ideas into this beautiful cookbook.

www.hackneydesign.com

Beyond the Foodbank

by Community Stuff CIC



Order Form

	Collect from us	Including P&P	Tick <input checked="" type="checkbox"/> to select
500 books	£1375	£1425	<input type="checkbox"/>
1000 books	£2500	£2580	<input type="checkbox"/>
2000 books	£4400	£4550	<input type="checkbox"/>
5000 books	£10,000	£10330	<input type="checkbox"/>

All orders must be received by us and confirmed by email by 21st October 2019

Contact Name:

Big Local Area:

Address for delivery:

Email:

Phone:

Payment Details

Cheques payable to Community Stuff and posted to 67 Latimer Road, Eastbourne, East Sussex BN22 7DS

BACS Royal Bank of Scotland Sort code 16-19-15 Acct no. 10880919

Email for Community Stuff: info@communitystuff.org.uk

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