

Creating better places for young people

Ideas for facilities, activities and spaces that could help Big Local areas better meet the needs of their youngsters

Wednesday, 12th September 2018, 10.00 – 4.00

Leeds urban skatepark, Middleton, Leeds, LS10 3TN.

Introduction

Youth facilities and activities are a vital part of any community's needs and development. In this workshop we will discuss how Big Locals can help create spaces, places and facilities that appeal to young people, from skate parks to Bluetooth youth shelters, from parkour to organised sports, we will be looking at examples of such projects, in and outside Big Local areas, what are the key ingredients for success, and coming up with ideas for new interventions.

Who is this for?

It is for people in Big Local areas who want to:

- Explore the benefits of investing in such projects
- Learn from successful projects, within and outside Big Local areas
- Look at some of the research that has been done, and how it could guide future investments

Further information

Many Big Local areas have reported challenges in getting engagement from young people, particularly between the ages of 13 and 25. As a result this group can miss out on potential benefits from the Programme, and as such never really become Big Local 'stakeholders'. This event will look to get underneath this issue, drawing on research from Swansea University and others, and to come up with ideas for making Big Local areas great places for all young people.

We have chosen the urban bike park as a venue as this is a great example of a facility that appeals to everyone within that target age group, and appeals across gender, ethnic and other boundaries.

Agenda

10:00-10:30	Registration & refreshments
10:30-10:40	Icebreaker
10:40-10:45	Welcome and introductions
10:45-11:30	Why invest in young people facilities?
11:30-12:00	Active Games research-a discussion on research looking at what could make teenagers more active
12:00-12:30	Examples of successful projects Browse around display
12:30-13:15	Lunch
13:15-14:15	Panel discussion and Q&A An expert panel to include: Freestyle, Swansea University, Street Games, and members of Leeds youth panel. The panel will share their expertise and knowledge, answering questions, structured to cover specific issues such as challenges, funding, evaluation, scope for networking and joint working
14.15-14.30	Break
14:30-15:30	Project ideas What ideas do you think might work in your area, and how might they be made to happen? A 'World café' session looking at opportunities, challenges, support needed to overcome them, how interventions could be sustained, marketing and publicity.
15:30-15:45	Feedback
15:45-16:00	Close

Supporting you to attend

The event is free for anyone who lives or works in a Big Local area and we will provide lunch. We also provide financial support for travel, childcare and other care costs to residents in Big Local areas. We can also book and pay for travel in advance. For information on expenses and support, please email us info@localtrust.org.uk or phone 020 3588 0565

If you are attending a Big Local event as part of your paid work/employment then we ask that your employer cover your expenses. However, we can pay or contribute towards worker's expenses in exceptional circumstances. Please ask when booking for further information.

Interested in participating? Want more information?

This event is being organised for Local Trust by Tony Mullin. There are a maximum of 35 places available. To ensure as many areas can take part as possible we are initially limiting places to 2 per area. To book a place or if you have any questions please contact Tony on 07970903766 or tony@yourbackyard.org.uk.

Speaker biographies

Jane Ashworth, Chief Executive of 'Street Games'

Working in close cooperation with the Board of Trustees, Jane guides StreetGames to harvest the benefits of sport to disadvantaged communities.

Prior to co-founding StreetGames, Jane worked for Sport England for ten years including 4 years spent in the Office of the Deputy Prime Minister bringing together sport with community regeneration policy. She also worked for the Community Strategy Units of Salford and Newcastle City Councils, and managed the Youth and Community Service in Kirby.

The StreetGames charity was set up by half a dozen organizers of neighbourhood sports projects. In 2005 they came together to make sport more widely available for disadvantaged young people and to maximize the power of sport to change young lives and to change disadvantaged communities.

Chris Taylor from skate park company 'Free Style'

Freestyle is a specialist design studio staffed by trained architects and designers who also skate, ride, climb and freerun. We build "active public spaces" and our clients are either the councils or their architects. How we chose to make the space "active" depends on the desires and needs of the community. We design and build skate and scooter parks, bike tracks and trails, parkour, climbing, natural and adventure play. We have completed over 650 projects over 30 years and find the most successful places are ones which include multiple elements.

We firmly believe that increasing diversity and encouraging activity will reduce obesity, improve social cohesion and the mental and physical health of communities.

Representatives from Leeds Youth Council

The Leeds Youth Council are a group of 10 - 18 year olds (or up to 25 with additional needs) who live in Leeds and who are passionate about making a difference.

Michaela James, Research Assistant, Swansea University

Michaela manages the ACTIVE Project which is a co-produced project with teenagers in order to empower them to make their own choices about physical activity in their local area. It's a multi-component intervention that used a voucher scheme (so that teenagers could go to/develop their own activities/buy equipment), peer mentoring and support worker engagement. The project has seen a significant, positive impact on the fitness and heart health of young people particularly for girls and those from deprived areas. For further information on the **ACTIVE Project** visit:

<https://www.facebook.com/ActiveProjectSwansea>